EMERGENCIES
For situations of severe psychological distress in students (for example, acute anxiety attacks, persecutory thoughts, feelings of hopelessness, aggressive behavior, etc.) that require immediate intervention, we suggest getting in contact with the services of the Region Abruzzo - Local Health Unit 1 Avezzano – Sulmona L’Aquila:

Mental Health Center (Centro di Salute Mentale, CSM)
Address: San Marciano 8, L’Aquila
Number phone: 0862 368810
Opening hours:
Monday – Friday: 8 am - 4 pm
Saturday: 8 am - 2 pm
E-mail: csmaq@asl1abruzzo.it

For substance use-related problems:
Substance Addiction Service (Servizio per le Dipendenze, SerD)
Address: Gaetano Bellisari 4, L’Aquila
Number phone: 0862 368873 /0862 368862/ 0862 368926/ 0862 368936
Opening hours:
Monday, Tuesday, Wednesday, Thursday, Friday: 8 am - 1 pm
Monday and Wednesday: 3 pm - 6 pm
Saturdays and Holidays: Closed

For acute physical and mental problems on holidays and at night:
First Aid Station (Guardia Medica)
Building Ex-ONPI
Address: via Capo Croce 1 (Torrione), L’Aquila
Number Phone: 0862-366025
Opening hours:
Weekdays and holidays: 8 pm – 8 am
Saturdays and days before holidays: 10 am – 8 pm
Sundays and public holidays: 8 am – 8 pm

For people who do not live in L’Aquila consult the page of Emergency Medical Services in the territory: https://www.asl1abruzzo.it/pagina37_guardia-medica.html

In such emergencies as severe risk behavior or suicidal thoughts, you can
CALL THE TOLL-FREE PHONE NUMBER 118
The "118" is the reference telephone number for all cases of requests for medical assistance to people who are victims of illness or accidents of any kind.

Alternatively, reach the
HOSPITAL SAN SALVATORE OF L’AQUILA - EMERGENCY DEPARTMENT (PRONTO SOCCORSO)
Via Lorenzo Natali, 1, 67100 Coppito AQ